Southern Alberta
Community Living Association

May , 2007

WELCOME
New Staff

Southern Alberta Community Living Association would like to extend a welcome to the newest members of our team:

Josh Bourelle	CRWI
Ashton Campbell	CRWI

Notable Quotes…

Find a purpose in life so big it will challenge every capacity to be at your best.
David O. McKay

People seldom see the halting and painful steps by which the most insignificant success is achieved.
Anne Sullivan

JACKETS and HOODIES and VESTS...OH MY!

Liz helping staff and contractors pick out their new SACLA jackets, vests & hoodies.

We are anticipating that your clothing will be available for pick up by the end of May !

CHIEF EXECUTIVE OFFICER named for PDD South

Persons with Developmental Disabilities South Alberta Region
On April 5, 2007 the following announcement was received from Ms. Sharon Rowntree, PDD Board Chair:

> "I am pleased to announce that Leigh Bremner has been appointed Chief Executive Officer for PDD South.
>
> As many of you know, Leigh is passionate about creating inclusive communities across the South Region. She is committed to working with all of PDD's partners to assure that adults with developmental disabilities are receiving quality supports which honor and respects their dignity and equal worth…
>
> With Leigh's leadership, knowledge and experience, PDD South will continue the journey of creating more welcoming communities and ensuring that our communities are open to providing opportunities for all citizens to share their gifts and talents…"

Giving credit where credit is due, we say

"THANK YOU" to all MOTHERS

For all Mothers everywhere, for birth mothers, adoptive mothers, foster mothers, surrogate mothers, and for all those special women in our lives—a special expression of appreciation to those who have given us moments of a mother's love.

HEALTH & WELLNESS presents:

GARDENING

Gardening is an increasingly popular "active living" activity in our community. Offering both physical, emotional and spiritual benefits, gardening can provide an ideal outlet for dealing with daily stresses. Whether a "container gardener", or a fully dedicated "shoveling—and—weeding" gardening enthusiast, everyone can benefit from the multiple benefits of working with living plants.

When engaging in this activity, it is important that you enhance the positive experience by exercising some basic safety precautions such as;

- Read & follow instructions for the safe use of tools, equipment and chemicals
- Check lawn and garden areas for hazards such as rocks, broken glass etc.
- When using tools or chemicals, keep children and pets away from the area
- Keep your tools and equipment maintained and in safe working order
- When finished, store tools, equipment and chemicals in a safe location

By applying some basic safety practices, you can reap the rewards of tending the garden. Use your gardening time to quiet the stresses of the day, to help reduce your blood pressure, calm your mind and calm the body.

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MOTHER'S DAY WISDOM

"Spend at least one Mother's Day with your respective mothers before you decide on marriage. If a man gives his mother a gift certificate for a flu shot, dump him." ~ ***Erma Bombeck***

"The hand that rocks the cradle usually is attached to someone who isn't getting enough sleep."***~ John Fiebig***

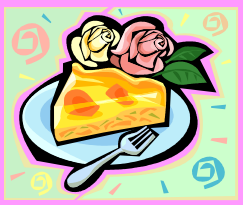
"A mother is a person who seeing there are only four pieces of pie for five people, promptly announces she never did care for pie." - ***Tenneva Jordan.***

"Biology is the least of what makes someone a mother." ~ ***Oprah Winfrey***

"A hundred years from now it will not matter what my bank account was, what sort of house I lived in, or the make of car I drove. But the world may be different, because I was important in the life of a child." ~***Author Unknown***

RECIPE OF THE MONTH

MOTHER'S DAY PIE



Ingredients:

1 cup	Sugar
1 cup	Flour
1 cup	Milk
1 stick	Butter, melted
1 can	Peaches (or any favorite fruit, drained)

Instructions:

1. In a bowl, combine the sugar flour and milk
2. Add melted butter, mix and press into the bottom of a pie plate
3. Add fruit and cook on bottom rack of oven (450 degrees) until crust is golden brown

2007/08 Provincial Budget

The Government of Alberta released their 2007/08 budget on April 19, 2007. Specific details regarding allocations to regions and/or agencies are not available at this time. Here are some of the highlights:

Seniors and Community Supports

- Funding for the Assured Income for the Severely Handicapped (AISH) program is increasing by $99 million, or 18.2 per cent, to $644 million in 2007-08. This additional funding will provide for a $50 increase in the monthly living allowance to $1,050 effective April 1, 2007; for anticipated increases in the total number of clients and the cost per case including health and supplementary benefits; and for initiatives aimed at expanding employment opportunities to enhance client independence.
- Funding to the Persons with Developmental Disabilities program is $526 million in 2007-08, an increase of $18 million, or 3.5 per cent. This will accommodate caseload growth and agency staff retention pressures.

The Alberta Council of Disability Services' Repositioning Strategy Committee is reviewing budget information as it becomes available. Sue Manery, SACLA's Executive Director, is a member of this provincial group.

Children's Services

- Family Support for Children with Disabilities - increases by $7 million, or 7.4 per cent, to $102 million to address increased demand and improve services in rural areas.

Alberta Council of Disability Services (ACDS) Conference

A total of 12 representatives from Southern Alberta Community Living Association recently joined over 400 colleagues from across the province at the ACDS Spring Conference. The Theme of this year's event was "***Meaningful Work, Stronger Communities***."