Southern Alberta Community Living Association

October Flyer

Around Town

Interfaith Christmas Turkey Trot
October 15. 2005 10:00 a.m.-1:00 p.m.
Contact Jock Carpenter at 320-8779

Spirit of Lethbridge Trade Show
October 20-22, 2005 1:00-9:00 p.m.
Exhibition Park—Five trade shows under one roof!

Halloween Bus Tour
October 27-31 7:00 p.m.
Galt Museum
Contact Lori Mitchell at 320-4219

Halloween Haunted Fort
October 28-29, 2005 7:00-9:00 p.m.
Fort Whoop-Up
Contact Lori Mitchell at 320-4219

Spider Facts

- Almost all spiders carry venom
- Spiders produce seven kinds of silk
- A spider eats about 2000 bugs a year
- Most spiders have eight eyes
- Spiders eat other spiders

Halloween Safety Tips

FOR TRICK-OR-TREATERS

- Carry a flashlight
- Walk, don't run
- Obey traffic signals
- Wear clothing with reflective markings
- Approach only houses that are lit
- Stay away from and don't pet animals you don't know
- Avoid wearing masks while walking from house to house

FOR PARENTS

- Look at the wrapping carefully and toss out anything that looks suspect
- Children should carry 35 cents so they can call home
- Although tampering is rare, tell children to bring the candy home to be inspected

Did you know...

- The carving of jack-o'-lanterns originated from the tradition of carving the faces of lost souls into hollowed out pumpkins and turnips. A candle was placed inside the carvings making the faces glow. The Halloween lanterns were placed on doorsteps to ward off evil spirits.
- The largest pumpkin grown was recorded on October 2, 2004 weighing 1,446 lbs.
- Daylight savings ends Sunday, October 30, 2005.
- Pumpkins are a fruit that originated in Central America.

Looking Ahead... November at a Glance

Inclusive Citizenship & Self Advocacy Conference
Facilitator: Judith Snow
Monday, November 14, 2005 8:30a.m.-4:30 p.m.
Lethbridge Lodge Hotel

For more information or to register call Dione at 329-1525

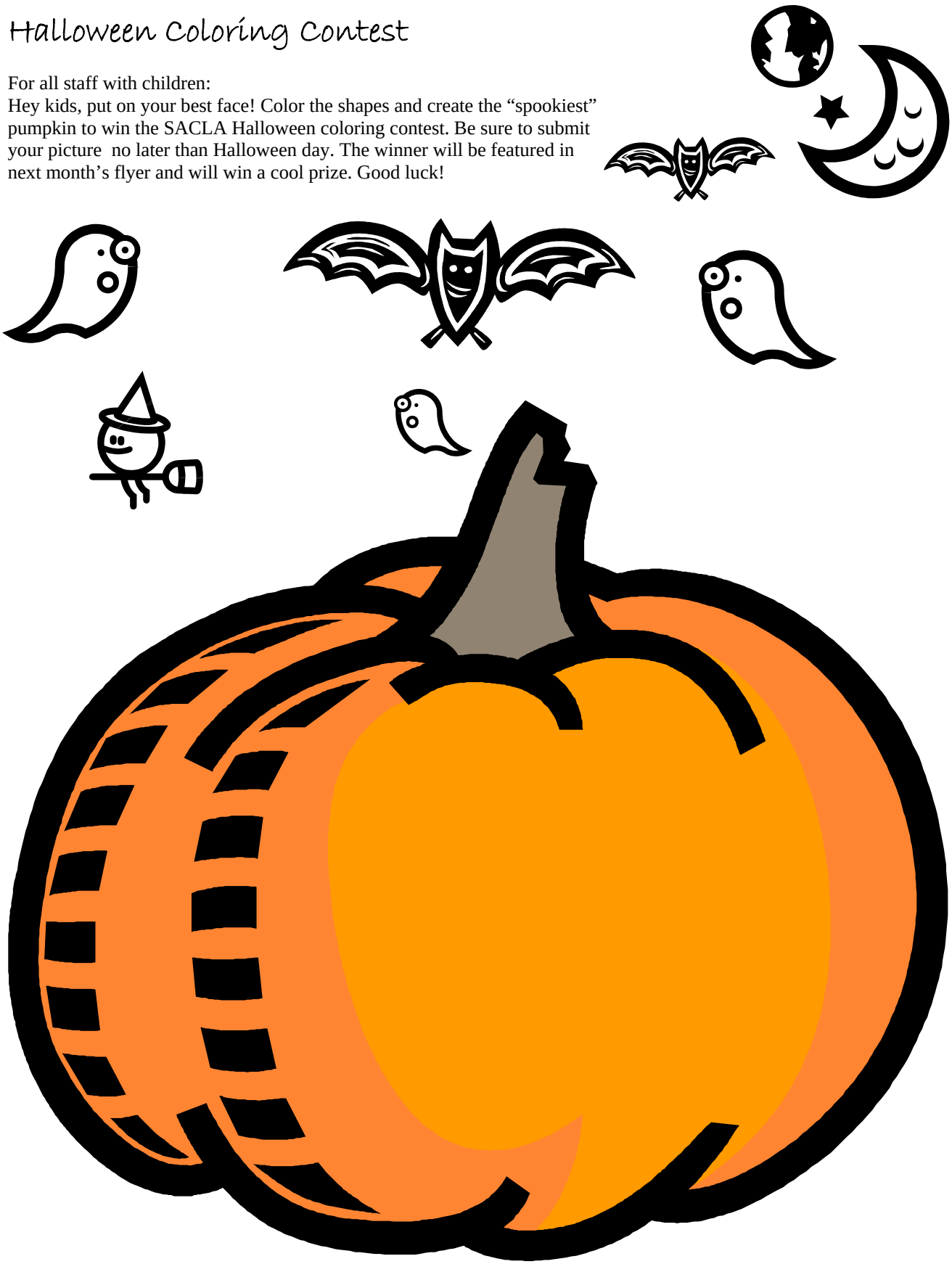
Abuse Reporting & Response Protocol
Facilitator: Nancy Brown
Tuesday, November 15, 2005
9:00 a.m.-1:00 p.m.

"Tis now the very witching time of night, when churchyards yawn and hell itself breathes out contagion to this world."

~William Shakespeare

For current job postings visit: www.sacla.ca

If you would like to contribute to the Flyer contact Dione for more information at 329-1525.

Halloween Coloring Contest

For all staff with children:
Hey kids, put on your best face! Color the shapes and create the “spookiest” pumpkin to win the SACLA Halloween coloring contest. Be sure to submit your picture no later than Halloween day. The winner will be featured in next month’s flyer and will win a cool prize. Good luck!