Southern Alberta Community Living Association

May 2006 Flyer

Good Bye and Good Luck!

Gail Bishop

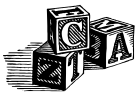
April showers bring May flowers. We sincerely hope that this will be the case for Gail Bishop as she makes her move from Southern Alberta to Eastern Saskatchewan. Gail has been a valued member of the SACLA team for over twenty two years. While working with the association, Gail has been truly dedicated to enhancing the lives of the individuals that she supports. We would like to recognize Gail for her dedication and commitment both to the individuals that she works with and the association as a whole. Gail is a team player that is willing to help out in a pinch. She is always willing to work extra hours at different homes when people are ill or need to be replaced. There has yet to be a crisis that Gail has not been able to handle with ease. She is a truly talented and gifted person and she will be greatly missed by all of us.

Changes Announced to PDD Structure

Bill 30 was recently introduced in the Legislature and calls for the abolishment of the Persons with Developmental Disabilities Provincial Board.
It is anticipated that this new legislation will be proclaimed by the end of June.

Regional boards will then report directly to the Minister through her Deputy. While the roles of the regional boards will not change significantly, it is hoped that this direct link to the Minister's office will result in better coordination of services across the province that focus on positive results for individuals and the agencies providing their support.

A Tribute to Mom



Somebody said it takes about six weeks to get back to normal after you've had a baby. *(Somebody doesn't know that once you're a mother, "normal" is history.)*

Somebody said a mother can find all the answers to her child-rearing questions in the books. *(Somebody never had a child stuff beans up his nose or in his ears.)*

Somebody said you can't love the fifth child as much as you love the first. *(Somebody doesn't have five children.)*

Somebody said the hardest part of being a mother is labour and delivery. *(Somebody never watched her "baby" get on the bus for the first day of kindergarten or on the plane headed for military boot camp.)*

Somebody said you don't need an education to be a mother. *(Somebody never helped a fourth grader with her math.)*

Somebody said a mother's job is done when her last child leaves home. *(Somebody never had grandchildren.)*

Acronyms

Working in this field means a lot of acronyms. Below is a list that you may find helpful, especially if you are a new employee.

AARC
Alberta Association of Rehabilitation Centres

AISH
Assured Income for the Severely Handicapped

FSCD
Family Supports for Children with Disabilities

IA
Individual Agreement

IF
Individual Funding

LACL
Lethbridge Association for Community Living

LFS
Lethbridge Family Services

OPG
Office of the Public Guardian

PDD
Persons with Developmental Disabilities

SA
Service Agreement

SAIPA
Southern Alberta Individualized Planning Association

SRSAN
South Region Self Advocacy Network

SHUBA-DO
Does anyone know this one?

For current job postings visit: www.sacla.ca

For more information, or to make a submission, contact Dione at 329-1525.

Around Town

Bowman Spring Pottery Sale
May 4-6, 2006
Bowman Arts Center
For more information call: 327-2813

Old Fashioned Family Picnic
May 7, 2005 11:00 a.m.-3:30 p.m.
Pioneer Park
For more information call: 320-4033

Motorcyclist Awareness Parade
May 13, 2006 12 noon-1:00 p.m.
For more information call: 223-6417 or 795-1782

Walk the World for Schizophrenia
May 27, 2006
For more information call: 327-4305

Lions Walk for Guide Dogs
May 28, 2006 10:00 a.m.—12:00 noon
For more information call: 403-627-3898

For more information visit the City of Lethbridge at: www.lethbridge.ca

"Excellence is doing ordinary things extraordinarily well."

~ John Gardner

Beat the Flu Bug

Southern Alberta Community Living Association wants you to stay healthy this season. Here are a few simple and effective things you can do to help prevent the spread of germs and infections.

1. Wash your hands frequently and properly.
   Follow these easy steps for proper hand washing:
   A. Wet hands with warm water
   B. Apply liquid soap
   C. Lather hands for 20 seconds
   D. Rinse hands back and front
   E. Dry hands with paper towel
   F. Turn off taps with paper towel
   ***remember to wash your hands before eating, after going to the bathroom, after blowing your nose and after sneezing and/or coughing.*
2. Use proper "cough etiquette." Cough or sneeze into a tissue, and if a tissue is not available, cough into your upper sleeve, not into your hands.
3. If you are feeling sick, stay home. Isolating yourself from your work environment and others will decrease the possibility of germ and infection transmission.
4. Maintain a healthy lifestyle. When possible, follow *Canada's Food Guide to Healthy Eating.*
   A nutritional and balanced diet will help you stay healthy.
5. Do not share personal items. Germs can be transmitted through sharing of personal items such as cups, cigarettes, food, telephones, etc…

source: www.region.york.on.ca, April 3, 2006

The Sharing Corner

Great Book: submitted by Johanna Anderson

BOOK: God's Debris: A Thought Experiment
Author: Scott Adams "Creator of Dilbert"

" God's debris might provide the most compelling vision of reality you will ever read… Share the book with your 'smart' friends and discuss… It's designed to make your brain spin…"

Increases to Wages for PDD Frontline Staff

The new dollars allocated by Treasury earlier this year to increase the hourly wages for positions funded by PDD have now been distributed to the six PDD regions. SACLA has notified CUPE that there are dollars available and we anticipate that negotiations will commence shortly to determine distribution.

Email

If you would like correspondence sent to you via email, please respond to admin@sacla.ca