Southern Alberta Community Living Association

# July 2006 Flyer

## Welcome! New Board Member

*Anne Kish*

We would like to extend a warm welcome to our newest board member, Anne Kish. Anne has resided in Lethbridge most of her life and for the past nine years has been involved in community disability services. She is a graduate of the Disability and Community Rehabilitation diploma program at LCC and was employed by another community direct service provider for a number of years in a variety of positions, including Associate Director. In July 2005 she joined the Lethbridge Association for Community Living (LACL) as their Community Development Advocate. In this position, Anne works with families in the South Region; supporting them, advocating with them and connecting them with other families.

Anne is respectful of the efforts put forth by staff of our association and understands the valuable role that you play in the lives of the individuals you support. This coupled with her strong views on the rights of individuals with a developmental disability and their ability to contribute to the community makes her a perfect fit for our Board of Directors.

## Around Town...

Looking for something to do this summer? Check out: **www.lethbridge.ca**
Look for the events calendar and see what's going on around town.

## Self Advocacy BBQ

Individuals supported by SACLA meet on a regular basis and as part of their agenda they discuss business related to their daily lives and future plans.

On Wednesday, July 19th they are hosting a BBQ at 1818 14 Avenue North.
The festivities begin at 5:30 p.m. and tickets are now on sale for $5.00 per person.
Deadline to purchase tickets is Friday, July 14th. For more information and/or to purchase tickets please contact: Elaine Brown: 380-2916 or Janice Ritchie: 394-4686

## Looking Ahead

Be sure to mark Saturday, September 23rd on your calendar! Invitations to the "Fall Fling" will be mailed out this month.

Please plan to join us at this staff appreciation BBQ at Pavan Park.

### NEW FACES
### The SACLA Team

Southern Alberta Community Living Association would like to extend a welcome to the newest members of our team.
Be sure to introduce yourself and make them feel welcome.

**Sara Dijkstra**
**Cameron Kienzle**

*Note from the Editor:*
*spelling correction*
*from last month*
*Alicia Nygaard*
*Oops!*

## Health & Safety

Reminder...
Be sure to complete the form sent out by Cathy Mosby, requesting your input on possible courses for the Wellness Program. If you have any questions feel free to call Cathy at 329-1525 (ext. 116)

For current job postings visit: www.sacla.ca

For more information, or to make a submission, contact Dione at 329-1525.

## Creating Excellence Together

Our external review was completed June 8, 2006. Thank you to all staff who met with the surveyors during this process. Our thanks also to Peggy Thornton-Smith and the administrative staff for the time they spent in coordinating this large project, preparing the information packages and arranging the meetings and visits.

Although the official report will not be available until sometime in August, the surveyors did share with us that in every discussion, interview and meeting they had, there was clear evidence that staff of the Association do not perceive their role to be one of "care giving", but rather supporter of independence, choice and freedoms.

This was great feedback to receive and we look forward to receiving their written report.

## Dreamweaver Award

On June 7, 2006, at an official ceremony in Edmonton, Ms. Barbara Nish was presented with the Norm McLeod Dreamweaver Award. This award is given annually to one Albertan "who is dedicated to improving the quality of life for people with developmental disabilities."

**Congratulations Barbara!**

## Quote of the Day...

"Our lives begin to end the day when we become silent about things that matter."

~ Martin Luther King Jr.

## The Sharing Corner

Check out **www.weron2u.ca** This website is written from a peer-to-peer perspective and empowers teens to stay safe online.

## Alberta Council of Disability Services (ACDS)

The Alberta Association of Rehabilitation Centres (AARC) has officially changed its name to Alberta Council of Disability Services (ACDS). This provincial organization was established over 25 years ago and acts as the provincial coordinating body for organizations such as ours. As part of the Workforce 2010 initiative, a recommendation was put forth to clearly define our scope of expertise and 'brand' the work that we do. The word "Rehabilitation" has not garnered us any public recognition over the past quarter century and was often confused with the work done by other groups (e.g. AADAC). A new logo (below) and slogan has been developed to raise the profile of the workforce and will be incorporated into all relative material developed by Southern Alberta Community Living Association in the future.

COMMUNITY DISABILITY SERVICES
MEANINGFUL WORK. STRONGER COMMUNITIES.

Sue Manery and Leigh Bremner represented the South Region on the Workforce 2010 Committee. The committee held its final meeting in June and handed off the projects it currently had underway to the Alberta Council of Disability Services (ACDS). For more information please visit:

**www.workforce2010.com**

## Solving Conflict

If you find yourself in a clash with a co-worker, steer clear of these three resolution no-no's:

- **Don't avoid the issue** and hope that it will somehow resolve itself. And don't skirt difficult messages or avoid talking to the person.
- **Don't launch into a full-scale confrontation**. Hold back on accusations until you are completely sure of your facts. Avoid casting the blame or saying whole "fault" it is.
- **Don't focus on winning** the argument at the expense of solving the problem.

*Source: Scott Beagri: Personnel Today*