Southern Alberta Community Living Association
FEBRUARY 2007

WELCOMING NEW STAFF

Southern Alberta Community Living Association would like to extend a welcome to the newest members of our team:

Brittany Rosentreter	CRWI
Dale Fyfe	CRWI
Marcia Rae	CRWI
Rhonda Link	CRWI

Welcome back to:

Abby Metz	CRWI

JULY STAT HOLIDAY HAS CHANGED

In 2007, July 1 falls on a Sunday and The Federal Holiday Act governs how July 1 is treated for all of Canada. The Alberta Employment Standards Code also lists July 1 as a General Holiday "except when it falls on a Sunday, then it is July 2."

Therefore, "*when July 1 is a Sunday, July 2 is a legal holiday and shall be kept and observed as such throughout Canada under the name of "Canada Day".*

Southern Alberta Community Living will be recognizing July 2 as the statutory holiday and all Statutory pay entitlement shall be calculated in relation to that day. Please refer to Article 23 of the Collective Agreement for information concerning Statutory Holidays and if you require further clarification or information please feel free to contact Sue Manery or your Team Leader.

BEAT THE WINTER BLUES STAFF APPRECIATION PARTY

Thank you to everyone who was involved in making this night a success.

Special thanks to Liz Gibboney our resident photographer

Over 120 people attended the 2nd annual ***Beat the Winter Blues Staff Appreciation*** evening at the Lethbridge Lodge on February 10th.
This is an occasion where we formally acknowledge staff members for achieving milestones with the Association.

Traditionally, the Association has recognized staff at 5 year intervals; 5, 10, 15 etc. This year a new category was introduced for staff who celebrated their 3rd anniversary with us in 2006. To ensure a fair approach, staff at the 4 year mark also received this recognition.

Congratulations and thank you to this year's recipients:

3-Year: Nicholas Colyer, Cheryl Forsythe, Elizabeth Ginn, Linda Guenther, Crista Macklin, Lana Major, Jay Phin, Linda Rombs, Tim Vanderpyl and Melody Williams

4-Year: Tom Cahoon, Jacqueline Gartshore, Liz Gibboney, Corina Horn, Cathy Mackenzie and Margaret Mericle

5-Year: Pam Evetts, Chad Gill, Erik Goble, Darla Hughes and Diane Mitchell

15-Year: Kim Farrell and Halina Mielcarek

25 –YEAR: Janice Ritchie

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CONTRACTOR APPRECIATION

Southern Alberta Community Living Association will be hosting a contractor Appreciation Evening on Saturday, March 10 2007. Invitations coming soon…

HOW MUCH FOOD DO YOU NEED?

How much food do you need everyday? Eat well with Canada's Food Guide. Learning more about Canada's Food Guide will help you and your family know how much food you need, what types of foods are better for you, and the importance of physical activity in your day.

If you would like to receive a copy of the new Canada Food Guide, contact Dione Overes at 329-1525.

CERTIFICATION OBTAINED

It is with great pleasure that I would like to announce SACLA has passed our first external Health & Safety audit and has received a certificate of recognition (C.O.R.) through the Alberta Association of Safety Partnerships. We can all be very proud of the care and effort everyone has spent in creating a program that enhances the Health & Safety of everyone while maintaining the privacy, respect and dignity of the people we support. Congratulations!

Cathy Mosby

PROFESSIONAL DEVELOPMENT OPPORTUNITIES

AACL CONFERENCE *Families: the heart of community* March 16-17, 2007 Edmonton, AB	**SUPERVISORY TRAINING** Level I : April 30 & May 1 Level II: June 5 & 6	**FINDING VALUE WITHIN MY DAY** March 20 & 21, 2007
Make a Difference: The essential role of direct support staff in enriching the lives of individuals with developmental disabilities. *How support workers can engage their hearts, minds, and hands in creating relationships which enable community participation and membership.* *Presenter: John O'Brien*	**Level I: You will learn:** ~ *What makes a great supervisor?* ~ *Problem Solving Skills* ~ *How to Improving Staff Satisfaction* **Level II: You will learn:** ~ Managing Stress ~ Managing Change and Transition ~ Shifting Values through the Generations	**Workshop details:** ~ The Power of an Advocate ~ What are the words? ~ Life in the Institution—what was it like? ~ In Partnership with the Community—is inclusion really possible? ~ Creating Roles and Relationships for People with Disabilities
Deadline for registration is February 23, 2007	**Deadline for registration is April 13, 2007**	**Deadline for registration is March 12, 2006**

For more information or to register contact Shannon Cosovan at 329-1525.

VALENTINES – MEDIEVAL STYLE

During the medieval days of chivalry, the names of English maidens and bachelors were put into the box and drawn out in pairs. Each couple exchanged gifts. The girl became the man's valentine for that year. On his sleeve he wore her name and it was his bounded duty to attend and protect her.

This old custom of drawing names on the fourteenth of February was considered a good omen for love. It often foretold a wedding. Since the beginning, this has been lovers' day, a time for loving, for giving and receiving love tokens.

source: www.crewsnest.vispa.com/valentine.htm