

# Southern Alberta Community Living Association

## August 2006 Flyer

### Elizabeth Ginn—Art Teacher



Southern Alberta Community Living Association would like to acknowledge Elizabeth Ginn for her dedication and the positive contributions she makes in the lives of the individuals we support. In addition to working as a CRWI, she also facilitates art classes for individuals with a developmental disability and others. Classes run once per week and

Elizabeth Ginn & Verna Keller participants do everything from

drawing to making memory boxes. Verna Keller was at the very first class and quickly became the Art Assistant. In addition to being one of her best students, Verna has inspired Elizabeth to continue teaching art. Together it's a wonderful partnership. Keep up the great work Elizabeth!

If you would like more information or would like to volunteer please contact Elizabeth at 327-0429.



#### NEW FACES The SACLA Team

Southern Alberta Community Living Association would like to extend a welcome to the newest members of our team.

#### Essey Gebrenigus

Karen Hanna

Duane Petluk

Susan Kurina

#### Welcome Back to:

Heather Wiebe

Terri Worboys

For current job postings visit: [www.sacla.ca](http://www.sacla.ca)

### PDD Wages Update

In the spring of this year, we were informed by Persons with Developmental Disabilities South Alberta Region that there was additional funding available for wages retroactive to April 1, 2005. Negotiations with your CUPE Local 4791 representatives have now been completed and based on your request, the dollars available have been applied to both the rest/asleep rate and the awake rate.

#### The new job rates are as follows:

Rest/asleep - \$7.27/hr

Awake (CRWI) - \$12.53/hr

CRW II - \$15.17

Included with your August 4, 2006 pay you will find a separate retro pay cheque.

All of your future payments will be based on the new higher rate.

### Organization Planning Fall 2006

A message from the Executive Director... While many external and internal influences we face at this point in time are perceived by some as sufficient reason to retain the status quo and "protect" what is, I strongly believe that it is an opportune time for this organization to demonstrate why we are a leader in supporting people to live their best lives and pursue their dreams.

Using the SWOT Analysis, we will complete a critical analysis of what we do well, areas for improvement, opportunities and threats by a wide spectrum of stakeholders. (stakeholders include: individuals supported, families, guardians, staff and contractors, board members and funders)

At the completion of the Operation Planning process we will have a document that outlines a one-year detailed plan and a three year broad brush plan for SACLA. This is not a program or performance evaluation that looks at past action, but rather a positive look into the future.

Each of you will be sent a questionnaire to complete and I encourage you to do so as our Operational Plan will be based on the information we receive. This process will be completed by the end of October and the results will be shared with all participants.

## Creating Excellence Together (CET) Results

Once every three years the Association is required to undergo an external evaluation of the work that we do. Surveyors from Calgary and Edmonton completed our CET survey on June 8<sup>th</sup> of this year and a report of their findings has just been received. The evaluation is based on our three major operational areas.

I am very pleased to inform you that the scores we received in each of the categories were excellent. Our scores were as follows:

- Quality of Life 11 out of 11
- Quality of Service 11 out of 11
- Organizational 20 out of 22

Thank you and Congratulations!

## CAN Saving Bonds Contest

Canada Savings Bonds have been offering Canadians a safe and secure way to save for their goals and dreams for 60 years.

Enter Rogers "Live Your Dream" Contest for a chance to win a \$1,000 Canada Savings Bond. Contest deadline is Aug 15, 2006

[www.2findoutmore.ca/2006/cis/contest/eng/rog-pe.html](http://www.2findoutmore.ca/2006/cis/contest/eng/rog-pe.html)

## Quote of the Day...

Teach this triple truth to all: A generous heart, kind speech, and a life of service and compassion are the things which renew humanity.

Buddha



## Summer Events

Looking for something fun to do this summer. There are many events happening in our area for you to enjoy. Below is a listing of some events in our area. For more information about the events and additional listings, visit:

<http://www.chinookcountry.com/event/index.html>

August 12: Hagoita—Japanese Paddle Making

August 12: Scoundrel Days at Fort Whoop-up

August 18: Alberta Miniature Chuck Wagon Races

August 22-26: Whoop-up Days

August 26: Movie by Starlight

August 27: Mozart on the Mountain

September 6: Salute to Aviation

## Staff Appreciation Party

Invitations were sent out the last week of July. Please RSVP no later than August 31, 2006. We hope to see you all there....

## Safety in the Hot Summer Sun

When factors such as hot weather and muscle exertion produce heat, your body regulates its own temperature by allowing you to sweat, and moving air helps to cool you down. In extreme temperatures the body may no longer be able to cool itself and your health may be at risk.

Failure to sweat is a symptom of heat stroke, a serious and potentially fatal illness. Heat hyperlexia, another serious heat-related illness, has similar symptoms except that the skin remains moist. Extreme heat can also bring on heat exhaustion, which occurs when the body becomes dehydrated as a result of excessive sweating.

People who are experiencing heat-related illness—particularly heat stroke—often don't recognize their own symptoms. It is therefore important that co-workers know how to detect symptoms, and that they immediately seek first aid and medical help.

If you would like more information on heat-related illness, contact Dione at 329-1525.

Source: [www.ccohs.ca/newsletters/hsreport/issues/2006/07/ezine.html?id=9318&link=1](http://www.ccohs.ca/newsletters/hsreport/issues/2006/07/ezine.html?id=9318&link=1)